Skills Builder Home Learning Challenge



This term our Skills Builder focus has been **adapting.** How many of these challenges can you complete? Cross them off as you do them. You could take a picture or bring in your creations to share with your class teacher!

Draw a picture or write about something you enjoyed this week.	**Create a positivity jar.**	**Draw your happy place.**
Find a problem that needs fixing (e.g. a broken toy). Take a before picture, then fix the situation (e.g. mend the toy) and take an after picture.	**Select a board game to play with your family. Change one major rule of the game to make it more exciting and play it with family members.**	**Choose an everyday household object (e.g. a toilet paper roll) and draw/write down 3 different ways the object could be used.**
Write down something that you are thankful for each day.	**Design a positivity cap (a hat with positive thoughts on).**	**Create a den or cosy space in your house where you can relax.**