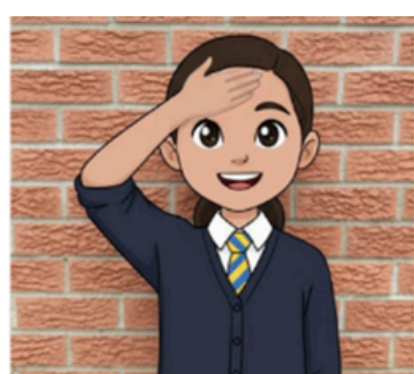


Prayer Progression at St. Mary's

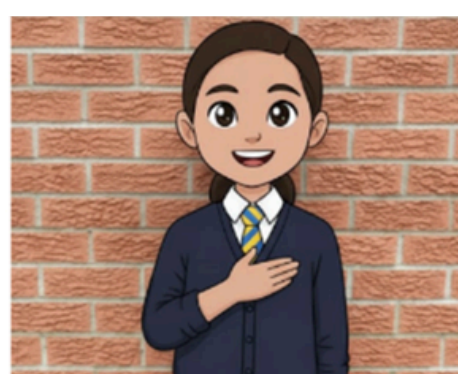
By the end of EYFS, the children will know:

How to make the Sign of the Cross:

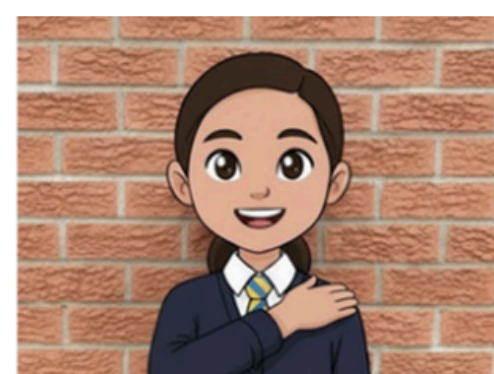
In the name of the Father and of the Son and of the Holy Spirit. Amen.



In the name of the Father



and of the Son



and of the Holy



Spirit.



Amen.

Our school Morning, Before Lunch, After Lunch and End of Day prayers

Morning Offering

Father in Heaven,
I give you today
all that I think and do and say,
and are united with all that is done,
by Jesus Christ your dearest Son.
Amen

Prayer Before Lunch

This meal O God
is a sign of your love for us,
bless Lord those who prepared it
and be with us as we eat.
Amen

Prayer After Lunch

Thank you God
for the food we have eaten,
Please send help to those
who do not have enough to eat.
Amen

End of the School Day

God our Father
I come to say,
thank you for your love today.
Thank you for my family,
and all the friends you give to me.
Guard me in the dark of night
and in the morning send your light.
Amen

How to verbally compose sorry, please and thank you prayers (with support)

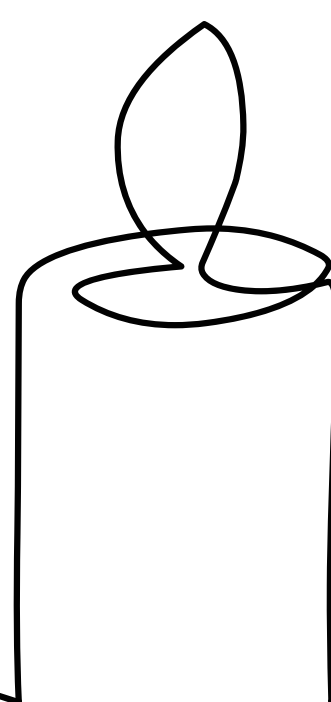
Useful sentence stems:

I am/We are sorry for...

I/We thank you for...

Please help..,

You can start your prayer in lots of ways including: Dear God, Loving Father, Father in Heaven, Lord Jesus etc.



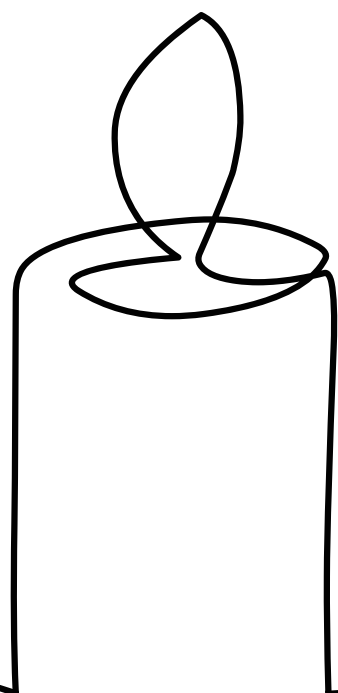
By the end of KS1, the children will know:

The Our Father
(The Lord's Prayer)

Our Father,
Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done,
on earth as it is in Heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
Amen.

The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou
amongst women
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at
the hour of our death.
Amen.



By the end of LKS2, the children will know:

The Glory Be

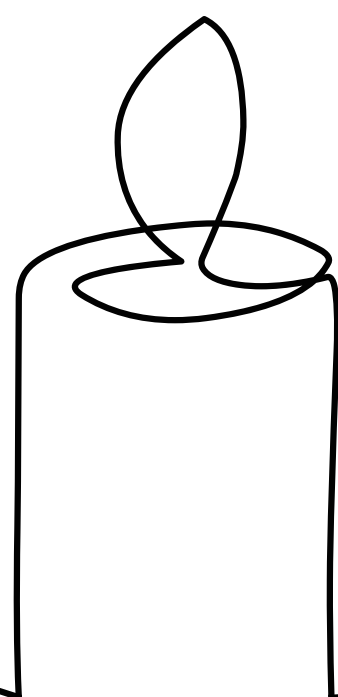
Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now,
and ever shall be,
world without end.
Amen.

An Act of Contrition

O my God,
I thank you for loving me.
I am sorry for all my sins,
for not loving others
and not loving you.
Help me to live more like Jesus
and not sin again.
Amen.

The Gaurdian Angel Prayer

O my God,
I thank you for loving me.
I am sorry for all my sins,
for not loving others
and not loving you.
Help me to live more like Jesus
and not sin again.
Amen.



By the end of UKS2, the children will know:

The Eternal Rest

Eternal rest grant unto them,
O Lord,
and let perpetual light
shine upon them.
May they rest in peace.
Amen.

Throughout their time at St. Mary's, children will be supported in becoming increasingly confident in composing their own prayers, both prepared in advance and created spontaneously.

Here are some supporting resources for composing written prayers for different occasions:

Sorry Prayers start with:

For the times that we...


Penitential Act

Think of a statement (1 of 3)
about Jesus' love and mercy
linked to the scripture.

Start with:

Lord Jesus you...

Lord we are sorry,
R. Lord we are sorry.

Lord have mercy, 
R. Lord have mercy.

Christ have mercy,
R. Christ have mercy.

Lord have mercy,
R. Lord have mercy.

Asking Prayers start with:

We pray for...

Intercessions

In Mass, the intercessions follow
these themes in order:

- 1) Church
- 2) World
- 3) The Suffering
- 4) The Community
- 5) Other needs

Start with:

For the [theme]. That...

Lord in your mercy,
R. Hear our prayer
Or

Lord hear us,
R. Lord graciously hear us

Thank You Prayers start with:

We thank you for...

👉 Thank you prayers are only
used in Celebrations of the word
and are not used during Mass
as we have the Liturgy of the
Eucharist (thanksgiving).

Lord we thank you,
R. Lord we thank you.

