

18th October 2022

Dear Parent/Carer,

Boston St. Mary's
RC PRIMARY ACADEMY

Y5 Swimming Lessons – Term 2

Your child is timetabled to go swimming as one of their statutory PE lessons as from Monday 31st October 2022, (7 weeks in total to Monday 12th December). The cost will be £3.00 per week, (£21.00 total) to cover admission to the pool and hire of the coach. This may be paid either weekly or termly via your ParentPay account, (we cannot accept cash payments). If you haven't already done so, please visit www.parentpay.com and activate your account via the account login area on the home page of the site. Please do not hesitate to contact the school for your account login details. Your support in using ParentPay will help the school enormously.

Swimming Kit

Please could your child bring into school on a Monday morning their own swimming kits;

Towel

Costume/Trunks

Comb/brush

For health and safety reasons earrings must not be worn so please ensure your child does not wear them to school on a Monday if they are swimming and long hair should be tied back securely. Your co-operation in these two issues would be most appreciated thank you.

I would appreciate if you would notify me at the earliest opportunity if your child is unable to swim on a particular occasion. **A note is necessary for any absence prior to going.**

Please click on the link below to give consent for your child to attend swimming lessons.

<https://forms.office.com/r/hpLDivqHcN>

If you have any queries regarding the above please do not hesitate to come and see me.

Yours sincerely,

Mrs Kelleher & Mrs Sutton
Y5 Class Teacher's



Headteacher: Mrs L Gleed-Thornley BSc (Hons) NASENCo C.C.R.S.

Boston St. Mary's RC Primary Academy | Ashlawn Drive | Boston | Lincs | PE21 9PX

Tel: 01205 362092 | **Email:** enquiries@bostonstmarys.co.uk

Website: www.bostonstmarys.co.uk | **Twitter:** @bostonstmarys



Why your child should learn to swim

Reasons why your child should learn to swim are many and varied. You need to give your child the chance to learn to swim. The most important reason is that swimming is the only sport which can save your child's life. Drowning is still one of the most common causes of accidental death in children, so being able to swim is an essential life-saving skill.

Other reasons why your child should learn to swim

Swimming is lots of fun for people of all ages and children especially love getting in the water and enjoying themselves. But it is not just fun, swimming also provides loads of health benefits which can help to keep your children healthy and happy at the same time:

- Swimming keeps your child's heart and lungs healthy, improves strength and flexibility, increases stamina and even improves balance and posture

Another great thing about swimming is that children of any age or ability can take part and it is more accessible for children with additional needs than almost any other sport.

- Swimming provides challenges and rewards accomplishments, which helps children to become self-confident and believe in their abilities

But health, fun, and confidence are not the only reasons why your child should learn to swim. Learning to swim also opens up the door to a range of other activities. Learning to swim is a skill that once learnt is rarely forgotten and it is open to people of all ages.

Remember, you can't always be there. Learning to swim may save their life one day.