

Challenge 1

1a. Match the simple present tense verb to its present progressive form.

	is turning
turn	was turning
	turned



VF

1b. Match the simple present tense verb to its present progressive form.

	was pulling
pull	pulled
	am pulling



VF

2a. Circle the simple present tense verbs below.

cooked	play
jump	
talk	helped



VF

2b. Circle the simple present tense verbs below.

listen	fixed
call	
baked	visit



VF

3a. Tick the sentence that uses the present progressive tense.

- A. I am walking to the local shops.
- B. I walk to the local shops.



VF

3b. Tick the sentence that uses the simple present tense.

- A. The footballer trains hard.
- B. The footballer is training hard.



VF

4a. True or false? The sentence below uses the simple present tense.

My sister works as a doctor.



VF

4b. True or false? The sentence below uses the present progressive tense.

We are looking both ways on the road.



VF

Challenge 2

5a. Match the simple present tense verb to its present progressive form.

	joked
joke	was joking
	are joking



VF

5b. Match the simple present tense verb to its present progressive form.

	was travelling
travel	is travelling
	travelled



VF

6a. Circle the simple present tense verbs below.

flew	kisses
went	
flies	am



VF

6b. Circle the simple present tense verbs below.

pushes	dreamt
fries	
dries	crunches



VF

7a. Tick the sentence that uses the present progressive tense.

A. You chat to your new friend and you sit next to her in class.

B. You are chatting to your new friend and you are sitting next to her in class.



VF

7b. Tick the sentence that uses the simple present tense.

A. We are diving into the pool and you are sunbathing on the beach.

B. We dive into the pool and you sunbathe on the beach.



VF

8a. True or false? The sentence below uses the simple present tense.

Zahira is swimming in the sea and her mum is watching her.



VF

8b. True or false? The sentence below uses the present progressive tense.

Isaac plays in the park every day, but he also likes to ride his bike.



VF

Challenge 3

9a. Match the simple present tense verb to its present progressive form.

<input type="text" value="write"/>	<input type="text" value="wrote"/>
	<input type="text" value="was writing"/>
	<input type="text" value="am writing"/>



VF

9b. Match the simple present tense verb to its present progressive form.

<input type="text" value="take"/>	<input type="text" value="was taking"/>
	<input type="text" value="are taking"/>
	<input type="text" value="took"/>



VF

10a. Circle the simple present tense verbs below.

<input type="text" value="hunches"/>	<input type="text" value="lit"/>
<input type="text" value="fizzes"/>	
<input type="text" value="wound"/>	<input type="text" value="misses"/>



VF

10b. Circle the simple present tense verbs below.

<input type="text" value="punches"/>	<input type="text" value="met"/>
<input type="text" value="sank"/>	
<input type="text" value="washes"/>	<input type="text" value="whizzes"/>



VF

11a. Tick the sentence that uses the present progressive tense.

A. Dan is knitting a multicoloured blanket for his gran, who felt cold yesterday.

B. Dan knits a multicoloured blanket for his gran, who was feeling cold yesterday.



VF

11b. Tick the sentence that uses the simple present tense.

A. Kim is scrubbing her finger nails, which are very dirty, as she was digging up the garden earlier.

B. Kim scrubs her finger nails, which are very dirty, as she was digging up the garden earlier.



VF

12a. True or false? The sentence below uses the simple present tense.

I always wear a hat when the sun is shining, as I don't want to burn my skin.



VF

12b. True or false? The sentence below uses the present progressive tense.

As it's a sunny day, we did all of our washing earlier and hung the clothes out on the line to dry.



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Extension

7a. Use verbs to complete the sentences below. Make sure the verbs are written in the simple present tense.

Samira _____ her sister's hair for her as their mum _____ unwell and needs to lie down for a while.

Luke _____ his local football team play every Saturday and really _____ it, even though they aren't very good and they often lose.



A

7b. Use verbs to complete the sentences below. Make sure the verbs are written in the simple present tense.

Tanya _____ she had a magic wand to whisk her away to France, rather than have to _____ the long journey by car.

Firefighters _____ very courageous as it _____ a lot of bravery to tackle fires and rescue people from burning buildings.



A

8a. Zoe changed a sentence from the present progressive tense to the simple present tense.

Her new sentence is:

Amos spins his daughter around, which makes her giggle with glee, while Amy watches them carefully.

What was Zoe's original sentence?

Explain how you know.



R

8b. Danny changed a sentence from the simple present tense to the present progressive tense.

His new sentence is:

Harry the hamster is shredding his bedding, which is making a mess, because he is bored.

What was Danny's original sentence?

Explain how you know.



R

9a. Write a multi-clause sentence in the present progressive tense using the verbs below. Make sure the verbs are written in the correct tense.

swim

train



A

9b. Write a multi-clause sentence in the present progressive tense using the verbs below. Make sure the verbs are written in the correct tense.

control

supervise



A