

Challenge 1

1a. Underline the verb in the sentence below.

I played chess with Jake all afternoon.



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1b. Underline the verb in the sentence below.

We watched a movie at the cinema.



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2a. Circle the verbs in the simple past tense.

helped pushed calling

turning chewing joined



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2b. Circle the verbs in the simple past tense.

painted hunting listened

jumped yelled pulling



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3a. Write the past tense form of the base verbs below.

Verb	Simple Past
pack	
clean	
look	
point	



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3b. Write the past tense form of the base verbs below.

Verb	Simple Past
brush	
cook	
walk	
lift	



VF

4a. True or false?

The sentence below is written in the simple past tense.

Amanda and Seth are talking to Vanessa.



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4b. True or false?

The sentence below is written in the simple past tense.

The teacher opened the classroom door.



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Challenge 2

5a. Underline the verbs in the sentence below.

Tom was doing his homework when I went into the garden.



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5b. Underline the verbs in the sentence below.

The children ran to the gates when the bell started ringing.



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6a. Circle the verbs in the simple past tense.

sprinting flew strolled

began hop taking



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6b. Circle the verbs in the simple past tense.

coming knew speak

thought falling took



VF

7a. Write the past tense form of the base verbs below.

Verb	Simple Past	Past Progressive
whisper		
find		
build		
give		



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7b. Write the past tense form of the base verbs below.

Verb	Simple Past	Past Progressive
sleep		
live		
climb		
hear		



VF

8a. True or false?

The sentence below is written in the past progressive tense.

When the driver honked his horn, I fell back in surprise.



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8b. True or false?

The sentence below is written in the simple past tense.

When Jess was playing tennis, her mum came to watch.



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Challenge 3

9a. Underline the verbs in the sentence below.

On Sunday, Yasmin put on her walking boots when she was hiking up the mountain.



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9b. Underline the verbs in the sentence below.

Ricardo felt unwell while he was preparing lunch, so he gave his sandwich to his sister.



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10a. Circle the verbs in the simple past tense.

taught shot drink
writing losing cut



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10b. Circle the verbs in the simple past tense.

sold swimming tear
froze forbidding read



VF

11a. Write the past tense form of the base verbs below.

Verb	Simple Past	Past Progressive
choose		
set		
spend		
hang		



VF

11b. Write the past tense form of the base verbs below.

Verb	Simple Past	Past Progressive
burn		
shut		
swing		
send		



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12a. True or false?

The sentence below is written in the past progressive tense.

While Ben hid in the cupboard, Vicky crept up the stairs as quietly as she could.



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12b. True or false?

The sentence below is written in the simple past tense.

Felicity put on her best dancing shoes when she was leaving for the summer disco.



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Extension

4a. Choose the correct verb tense to fill the gaps in the sentence below.

The dog _____ the toy aeroplane when the children were _____ it around the garden.

chased	flew
chasing	flying



4b. Choose the correct verb tense to fill the gaps in the sentence below.

The robber _____ down the steps when the police officer was _____ after him.

falling	running
fell	ran



5a. Rewrite the following sentence to include the past progressive tense.

Nina builds a sandcastle while Rob runs along the warm, yellow sand.



5b. Rewrite the following sentence to include the past progressive tense.

Simon keeps the games console when his brother goes away.



6a. Sadia has written the sentence below.

The drive covered in a thick layer of white powder whilst snow falling outside.

She says,



My sentence is in the past progressive tense.

Is she correct? Explain your reasoning



5b. Liam has written the sentence below.

Ella and Max coming over to play games when the storm began.

He says,



My sentence is in the past progressive tense.

Is he correct? Explain your reasoning

